



IPAF – Harness Awareness and User

Who should attend?

This course is essential for anyone undertaking any level of harness training. Both elements of this course, Harness Awareness (HA) and Harness User (HU) must be completed by anyone who will personally use a harness in a MEWP.

The HA E-Learning alone does not qualify a person to use a harness, and practical HU element must be completed before using a harness within a MEWP.

The practical Harness User assessment must be completed as part of one of the following operator courses - IPAF Dual 3a + 3B, IPAF (3b), IPAF (1b).

Course Aims

This course is split into two elements:

- Harness Awareness (HA) E-Learning
- Harness User (HU) practical assessment

The HA E-Learning must be completed prior to the practical HU assessment. Delegates booked onto this course will pay for access to the E-Learning and for future practical assessment as a Harness User. This combination course is the easiest way to ensure that delegates are fully competent to use a harness when working within a MEWP. When attending your IPAF operator course delegate **MUST** bring proof of successful completion of the Harness Awareness (HA) e-learning module to show their trainer in order to complete the practical HU portion of this course.

Please note that your practical assessment **MUST** be undertaken as part of one of the following IPAF Boom category courses - IPAF Dual 3a + 3B, IPAF (3b), IPAF (1b).

The theory assessment provides delegates with the essential knowledge to select, monitor, manage and plan the correct use of Harnesses and lanyards for use in a MEWP.

Delegates successfully completing the e-learning will:

- Have an awareness of how to correctly identify and select the appropriate form of personal protection against falls from MEWPs.
- Have a theoretical awareness only of how to check, use, maintain and store a harness and lanyard with manufacturer's instructions.
- Have a theoretical awareness of how harnesses and lanyards should be fitted and adjusted.

The practical assessment evaluates the delegate's practical application of the knowledge gained in the IPAF Harness Awareness theory training.

Successful delegates will:

- Demonstrate competence in the correct pre-use check of a harness and lanyard.
- Demonstrate competence in how to correctly fit and adjust a harness and lanyard for use in a MEWP.

- Demonstrate the correct anchor point to attach the lanyard to in a MEWP and adjust the lanyard to be effective.

Course Outline

Harness Awareness (HA) E-Learning Theory

- Introduction
- Hierarchy of Person Fall Protective Equipment (PFPE)
- Know your Equipment: Harness Systems
- Anchor Points
- Boom Platform Hazards: Stay Safe
- Vertical Platform Hazards: Stay Safe
- Pre-use Checks
- Donning and Doffing
- Cleaning and Storage
- Summary

Theory Test

- Individual, 30 question, open book, written test with explanation of pass requirements
- A pass result requires a score of at least 80% (24/30)

Practical

This assessment looks at the delegate's ability to physically apply what they learned in the Harness Awareness e-learning.

Please note that your practical assessment MUST be undertaken as part of one of the following IPAF Boom category courses - IPAF Dual 3a + 3B, IPAF (3b), IPAF (1b). Delegates will be required to bring their certification number from the e-learning portion of this course to provide to their trainer to be assessed for the Harness User (HU) qualification.

The Harness User practical assessment covers:

- Pre-use check of a harness and lanyard
- Fitting and adjustment of a harness and lanyard for use in a MEWP
- Attaching to the correct anchor point in a MEWP and adjustment of the lanyard to provide effective restraint

This will be observed and assessed by the Instructor and marked as correct or incorrect.

Certification

On completion of the course and successfully passing theory and practical assessments, the delegates are awarded an IPAF Certificate and PAL (Powered Access Licence) photo ID card. This is valid for 5 years.

Duration

½ Day

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.