



IPAF – Harness Awareness, User and Inspection

Who should attend?

This course is suitable for those who require all 3 of the below harness qualifications:

- Harness Awareness (HA)
- Harness User (HU)
- Harness Inspection (HI)

This course provides delegates with the skills required to use and inspect harnesses used within MEWP's.

Course Aims

This course covers IPAF Harness Awareness (HA), Harness User (HU) and Harness Inspection (HI) assessments in a full day classroom course.

The day is split into the following sections:

- AM Session - IPAF Harness Awareness & User
- PM Session - IPAF Harness Inspection

Harness Awareness and User

Provides delegates with the essential knowledge to select, monitor, manage and plan the correct use of Harnesses and lanyards for use in a MEWP. The practical test evaluates the delegate's practical application of the knowledge gained in the IPAF Harness Awareness theory training.

Delegates successfully completing this course will:

- Have an awareness of how to correctly identify and select the appropriate form of personal protection against falls from MEWPs.
- Have a theoretical awareness only of how to check, use, maintain and store a harness and lanyard with manufacturer's instructions.
- Have a theoretical awareness of how harnesses and lanyards should be fitted and adjusted

They will be able to:

- Demonstrate competence in the correct pre-use check of a harness and lanyard.
- Demonstrate competence in how to correctly fit and adjust a harness and lanyard for use in a MEWP.
- Demonstrate the correct anchor point to attach the lanyard to in a MEWP and adjust the lanyard to be effective.

Harness Inspection

Upon successful completion of this part of the course delegates will be able to:

- Demonstrate competence in conducting periodic and interim inspections of harnesses and lanyards for use in a MEWP
- Demonstrate how to maintain associated records of inspections

Course Outline

Harness Awareness (HA) Theory

- Introduction
- Hierarchy of Person Fall Protective Equipment (PFPE)
- Know your Equipment: Harness Systems
- Anchor Points
- Boom Platform Hazards: Stay Safe
- Vertical Platform Hazards: Stay Safe
- Pre-use Checks
- Donning and Doffing
- Cleaning and Storage
- Summary

Theory Test

- Individual, 30 question, open book, written test with explanation of pass requirements
- A pass result requires a score of at least 80% (24/30)

Harness User Practical

This assessment looks at the delegate's ability to physically apply what they learned in the Harness Awareness theory

The Harness User practical assessment covers:

- Pre-use check of a harness and lanyard
- Fitting and adjustment of a harness and lanyard for use in a MEWP
- Attaching to the correct anchor point in a MEWP and adjustment of the lanyard to provide effective restraint

This will be observed and assessed by the Instructor and marked as correct or incorrect.

Harness Inspection

Introduction

- Statutory Inspections
- Types of Detailed Inspections
- Longevity and Obsolescence
- Common Types of Damage and Criteria for Failure
- Inspection Report

Practical

- Harness and Lanyard Inspection
- Demonstration and group discussion to include associated documentation
- Detailed Harness and Lanyard Inspection and completion of associated documentation

Theory Test

- Individual, 10 question, open book, written test with explanation of pass requirements
- A pass result requires a score of at least 80% (8/10)

Practical Assessment

Individual Practical Assessment:

Inspection of:

- 2 harnesses
- 2 Lanyards or SRLs
- 2 Connectors
- Completion of the associated documentation

Certification

On completion of the course and successfully passing theory and practical assessments, the delegates are awarded an IPAF Certificate and PAL (Powered Access Licence) photo ID card. This is valid for 5 years.

Duration

1 Day

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.