



Forklift - Counterbalance (NPORS)

Who should attend?

This course is suitable for anyone who is required to use a Forklift Truck in their daily working duties.

Course Aims & Objectives

The purpose of this course is to give delegates the skills required to safely operate a Forklift Truck. It covers the Law and manual checks to ensure safety.

By the end of the course delegates will:

- Have a thorough understanding of how to successfully control and manoeuvre the vehicle
- Be able to inspect the vehicle to ensure safe use
- Understand all of the regulations required to ensure safety in the workplace

Course Outline

- Health & Safety at Work Act 1974
- Management of Health & Safety at Work Regulations 1999
- Provision and Use of Work Equipment Regulations 1998 (PUWER)
- Lifting Operations and Lifting Equipment Regulations 1998 (LOLER)
- Features and Safety Equipment
- Vehicle Inspection
- Correct Use of Controls
- Operating the Forklift (starting, moving, stopping and steering)
- Weight Assessment and Truck Stability
- Pre-Use Inspection Checks
- Theory and Practical Testing

Certification

On completion of the course and successfully passing the theory and practical test, the delegates are awarded an NPORS certificate which complies with the recommendations of the Health and Safety commission approved code of practice. This certificate will last for 5 years.

Duration

1 Day – Refresher or Conversion
3 Days – Experienced delegate with no current certificate
5 Days – Novice

Location

We can offer courses on company premises for a maximum of 3 delegates per day.