



Health & Safety in the Workplace - Level 2 Award (RQF)

Who should attend?

The course is designed for people at any level, in any sector, needing an understanding of Health & Safety in the workplace. It focuses on why Health & Safety is important, and how you can make a real difference to the wellbeing of yourself and others through changing your behaviour.

Course Aims & Objectives

The purpose of this qualification is to develop Learners' health and safety awareness in preparation for employment.

By the end of the course delegates will:

- Understand roles and responsibilities for health, safety and welfare in the workplace
- Understand how risk assessments contribute to Health & Safety
- Identify and control the risks from common workplace hazards
- Know the procedures for responding to accidents and incidents in the workplace

Course Outline

- Roles and responsibilities of employers and employees
- Health and safety laws, including:
 - Penalties for non-compliance
 - Training and competence in the workplace
 - Communicating health and safety information
- Risk assessments and risk control hierarchy
- Identifying and controlling risks from common workplace hazards:
 - Slips, trips and falls
 - Manual handling
 - Fire safety
 - Working from height
 - Electricity
 - Hazardous substances
 - Workplace conditions
 - Ergonomics
 - Equipment
 - Noise and vibration
 - Transport and vehicles
 - Violence
 - Smoking, alcohol and drugs
 - Stress
- Procedures for responding to accidents and incidents
- Recording incidents, accidents and ill health

Certification

Delegates are assessed throughout the course by the trainer and need to complete a written assessment at the end of the course. Successful delegates will receive a QA Level 2 Award in Health

& Safety in the Workplace certificate. It is recommended that this qualification is refreshed every 3 years.

Duration

1 Day

Location

We can offer courses on company premises for a maximum of 12 delegates or upcoming open courses in your local area.